



LUNCH

*all lunches are served with fresh fruit
and sweet treat*

SALADS

CIDER-BRINED CHICKEN

baby lettuces, cranberry-yogurt dressing

GRASS-FED FLANK STEAK

*hearty greens, pickled red onions, preserved
portabellas, grain-mustard vinaigrette*

SANDWICHES

served with chips

GRILLED AND CHILLED VEGETABLE

seasonal selection from Liberty Farms, sunflower hummus, artisan bread

SMOKED SALMON

pickled red onion, radish, spicy cress, caper aioli on brioche

GRILLED CHICKEN BREAST CLUB

bacon and avocado on ciabatta

*Lunches can be packed to go or enjoyed at the
Retreat. Let our team know your preference*

** Consuming raw or uncooked meats, poultry, seafood,
shellfish or eggs, may increase your risk of foodborne illness,
especially if you have certain medical conditions.*

